

KNEE PRO-TEC®

PATELLAR TENDON STRAP

DIRECTIONS



Center tubing directly under patella (knee cap), velcro facing out. Wrap Knee Pro-Tec® around knee so that strap fits into groove just beneath patella.



Feed tongue through plastic loop and pull back across knee.



Secure below your knee for a snug, comfortable fit.

“THE ORIGINAL NEOPRENE KNEE STRAP”

Note: Pro-Tec Athletics strongly urges consultation with a medical doctor before using any orthopedic support.

Warning: Do not adjust too tightly or wear while sleeping.