

ARCH PRO-TEC™

ARCH SUPPORTS

DIRECTIONS



Place the widest side of the Arch Pro-Tec™ towards heel and center the wrap under arch with the EVA foam pad facing up.



Longer strap should be on medial (inside) of foot.

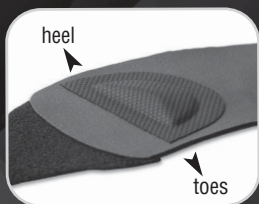


Wrap Arch Pro-Tec™ around foot by firmly pulling longer strap to a comfortable pressure. Attach on top of foot. Cut off excess strap.



Pad should be fitted comfortably in medial arch region.

Put on shoe as you normally would.



Note: Brace is most comfortable and effective when worn over sock.

Note: Pro-Tec Athletics strongly urges consultation with a medical doctor before using any orthopedic support.

Warning: Do not adjust too tightly or wear while sleeping.

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