

## BACK OF KNEE COMPRESSION WRAP

## DIRECTIONS



Place compression pad directly over or next to (depending on tenderness) injured area.



Wrap around the front of knee above or below the patella.



Stretch remaining strap.



Attach Velcro tab.

## **"THE ORIGINAL NEOPRENE KNEE STRAP"**

**Note:** Pro-Tec Athletics strongly urges consultation with a medical doctor before using any orthopedic support.

Warning: Do not adjust too tightly or wear while sleeping.

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